

# May 2025

## Niagara Falls City School District NFHS / Prep Lunch Menu

| Monday               | Tuesday           | Wednesday            | Thursday            | Friday            |
|----------------------|-------------------|----------------------|---------------------|-------------------|
|                      |                   |                      | 1                   | 2                 |
|                      |                   |                      | Pepperoni Pizza     | Fish Sand w/G Bun |
|                      |                   |                      | Lettuce & Tom Salad | Tator Tots        |
|                      |                   |                      | Bagged Carrots      | Baked Beans       |
|                      |                   |                      | Chilled Fruit       | Chilled Fruit     |
|                      |                   |                      | NYS Milk Choice     | NYS Milk Choice   |
| 5                    | 6                 | 7                    | 8                   | 9                 |
| Buffalo Chicken Wrap | Hamburger w/G Bun | Pasta Alfredo        | Pepperoni Pizza     | Hamburger w/G Bun |
| Oven Crisp Fries     | Oven Crisp Fries  | w/ Diced Chicken     | Lettuce & Tom Salad | Oven Crisp Fries  |
| Broccoli & Carrots   | Baked Beans       | Buttered Corn        | Bagged Carrots      | Baked Beans       |
| Chilled Fruit        | Chilled Fruit     | Chilled Fruit        | Chilled Fruit       | Chilled Fruit     |
| NYS Milk Choice      | NYS Milk Choice   | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice   |
| 12                   | 13                | 14                   | 15                  | 16                |
| Chicken & Gravy      | Chicken Patty     | Buffalo Chicken Wrap | Pepperoni Pizza     | Pasta Alfredo     |
| Mashed potatoes      | Tator Tots        | Oven Crisp Fries     | Lettuce & Tom Salad | w/ Diced Chicken  |
| Buttered Corn        | Mixed Veg Blend   | Broccoli & Carrots   | Bagged Carrots      | Green Beans       |
| Chilled Fruit        | Chilled Fruit     | Chilled Fruit        | Chilled Fruit       | Chilled Fruit     |
| NYS Milk Choice      | NYS Milk Choice   | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice   |
| 19                   | 20                | 21                   | 22                  | 23                |
| Hamburger w/G Bun    | Pasta             | Fiesta Nachos        | Pepperoni Pizza     |                   |
| Oven Crisp Fries     | W/Meat Sauce      | (paper boats)        | Lettuce & Tom Salad | <b>NO SCHOOL</b>  |
| Baked Beans          | Buttered Carrots  | Corn & Black Beans   | Bagged Carrots      |                   |
| Chilled Fruit        | Chilled Fruit     | Chilled Fruit        | Chilled Fruit       |                   |
| NYS Milk Choice      | NYS Milk Choice   | NYS Milk Choice      | NYS Milk Choice     |                   |
| 26                   | 27                | 28                   | 29                  | 30                |
|                      | Hot Dog W/G Bun   | Wolverine            | Pepperoni Pizza     | Hamburger w/G Bun |
| <b>NO SCHOOL</b>     | Chili Con Carne   | Bowl                 | Lettuce & Tom Salad | Oven Crisp Fries  |
| <b>Memorial</b>      | Green Beans       | Broccoli & Carrots   | Bagged Carrots      | Baked Beans       |
| <b>Day</b>           | Chilled Fruit     | Chilled Fruit        | Chilled Fruit       | Chilled Fruit     |
|                      | NYS Milk Choice   | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice   |

Menu subject to change

\* Milk includes 1%, fat free & flavored fat free

\* All bread items are whole wheat or whole grain

\* Under the Community Eligibility Provision of the USDA, All NFCSD Students receive a meal at no charge for both Breakfast and Lunch

# May 2025 Halal Menu

## Niagara Falls City School District NFHS / Prep Lunch Menu

| Monday             | Tuesday              | Wednesday            | Thursday            | Friday               |
|--------------------|----------------------|----------------------|---------------------|----------------------|
|                    |                      |                      | 1                   | 2                    |
|                    |                      |                      | Cheese Pizza        | Fish Sand w/G Bun    |
|                    |                      |                      | Lettuce & Tom Salad | Tator Tots           |
|                    |                      |                      | Bagged Carrots      | Baked Beans          |
|                    |                      |                      | Chilled Fruit       | Chilled Fruit        |
|                    |                      |                      | NYS Milk Choice     | NYS Milk Choice      |
| 5                  | 6                    | 7                    | 8                   | 9                    |
| Vegetarian Wrap    | Gardenburger w/g Bun | Pasta Alfredo        | Cheese Pizza        | Hamburger w/g Bun    |
| Oven Crisp Fries   | Oven Crisp Fries     | w/ Diced Chicken     | Lettuce & Tom Salad | Oven Crisp Fries     |
| Broccoli & Carrots | Baked Beans          | Buttered Corn        | Bagged Carrots      | Baked Beans          |
| Chilled Fruit      | Chilled Fruit        | Chilled Fruit        | Chilled Fruit       | Chilled Fruit        |
| NYS Milk Choice    | NYS Milk Choice      | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice      |
| 12                 | 13                   | 14                   | 15                  | 16                   |
| Chicken & Gravy    | Chicken Patty        | Vegetarian Wrap      | Cheese Pizza        | Pasta Alfredo        |
| Mashed potatoes    | Tator Tots           | Oven Crisp Fries     | Lettuce & Tom Salad | w/ Diced Chicken     |
| Buttered Corn      | Mixed Veg Blend      | Broccoli & Carrots   | Bagged Carrots      | Green Beans          |
| Chilled Fruit      | Chilled Fruit        | Chilled Fruit        | Chilled Fruit       | Chilled Fruit        |
| NYS Milk Choice    | NYS Milk Choice      | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice      |
| 19                 | 20                   | 21                   | 22                  | 23                   |
| Hamburger w/G Bun  | Pasta                | Fiesta Veggie Nachos | Cheese Pizza        |                      |
| Oven Crisp Fries   | w/Marinara Sauce     | (paper boats)        | Lettuce & Tom Salad | <b>NO SCHOOL</b>     |
| Baked Beans        | Buttered Carrots     | Corn & Black Beans   | Bagged Carrots      |                      |
| Chilled Fruit      | Chilled Fruit        | Chilled Fruit        | Chilled Fruit       |                      |
| NYS Milk Choice    | NYS Milk Choice      | NYS Milk Choice      | NYS Milk Choice     |                      |
| 26                 | 27                   | 28                   | 29                  | 30                   |
|                    | Hot Dog W/G Bun      | Wolverine            | Cheese Pizza        | Gardenburger W/G Bun |
| <b>NO SCHOOL</b>   | Chili Con Carne      | Bowl                 | Lettuce & Tom Salad | Oven Crisp Fries     |
| <b>Memorial</b>    | Green Beans          | Broccoli & Carrots   | Bagged Carrots      | Baked Beans          |
| <b>Day</b>         | Chilled Fruit        | Chilled Fruit        | Chilled Fruit       | Chilled Fruit        |
|                    | NYS Milk Choice      | NYS Milk Choice      | NYS Milk Choice     | NYS Milk Choice      |

Menu subject to change

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